CPRT Parenting Group - Term 3!

CHILD PARENT RELATIONSHIP THERAPY: An evidence-based parenting group program for parents/carers of children aged 3-10.

Focussing on:

✓ Attachment-based parenting principles
✓ Emotion coaching principles – build a resilient child!
✓ Reducing anxiety, depression, anger
✓ Building a strong attachment with your child
✓ Reducing challenging behaviour problems
✓ Improving family harmony
✓ Bringing joy to your relationship with your child
✓ Learning how to set boundaries for your child

Learn to do 20 minutes of special play sessions with your child at home – learn to provide therapeutic support to your own child!

Great for children with developmental delays, learning disabilities and Autism too!

Perspective Psychology Services and Applied Techniques Training

Joan Caelli and Sue Suchocki deliver a 5-week CPRT program

Mt Gravatt Suites - 658 Kessels Road Upper Mount Gravatt QLD 4122
Monday Evenings starting 23 July 2018 – 6.00pm

1st Parent / Approved Kinship / Carer $1000.00 pp

Significant other from same family unit –

2nd Parent/Separated, Step Parent, Approved Kinship / Carer - $600.00 pp

<table>
<thead>
<tr>
<th>Session</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 to 3</td>
<td>Monday 23 July</td>
<td>6 to 9 pm</td>
</tr>
<tr>
<td>4 &amp; 5</td>
<td>Monday 30 July</td>
<td>6 to 8 pm</td>
</tr>
<tr>
<td>6 &amp; 7</td>
<td>Monday 6 August</td>
<td>6 to 8 pm</td>
</tr>
<tr>
<td>8 &amp; 9</td>
<td>Monday 13 August</td>
<td>6 to 8 pm</td>
</tr>
<tr>
<td>10</td>
<td>Monday 20 August</td>
<td>6 to 7.30pm</td>
</tr>
</tbody>
</table>

For more information please talk to Joan Caelli at Perspective Psychology Services on 0404 961 216 or email joan@perspectivepsychologyservices.com.au. For registration contact Sue - Applied Techniques Training on: http://www.appliedtechniques.net/pps_att-child-parent-relationship-therapy.html email applied.perspectives@gmail.com or 0447 115 928.