



CPRT Parenting Group - Term 3!

CHILD PARENT RELATIONSHIP THERAPY:

*An evidence-based parenting group program
for parents/carers of children aged 3-10.*

Focussing on:

- ✓ Attachment-based parenting principles
- ✓ Emotion coaching principles – build a resilient child!
- ✓ Reducing anxiety, depression, anger
- ✓ Building a strong attachment with your child
- ✓ Reducing challenging behaviour problems
- ✓ Improving family harmony
- ✓ Bringing joy to your relationship with your child
- ✓ Learning how to set boundaries for your child

*Learn to do 20 minutes of special play sessions with your child at home –
learn to provide therapeutic support to your own child!*

Great for children with developmental delays, learning disabilities and Autism too!

Perspective Psychology Services and Applied Techniques Training

Joan Caelli and Sue Suchocki deliver a 5-week CPRT program

Mt Gravatt Suites - 658 Kessels Road Upper Mount Gravatt QLD 4122

Monday Evenings starting 23 July 2018 – 6.00pm

1st Parent / Approved Kinship / Carer \$1000.00 pp

Significant other from same family unit –

2nd Parent/Separated, Step Parent, Approved Kinship / Carer - \$600.00 pp

Session 1 to 3	Monday 23 July	6 to 9 pm
Session 4 & 5	Monday 30 July	6 to 8 pm
Session 6 & 7	Monday 6 August	6 to 8 pm
Session 8 & 9	Monday 13 August	6 to 8 pm
Session 10	Monday 20 August	6 to 7.30pm

For more information please talk to Joan Caelli at Perspective Psychology Services on 0404 961 216 or email joan@perspectivepsychologyservices.com.au. For registration contact Sue - Applied Techniques Training on: http://www.appliedtechniques.net/pps_att-child-parent-relationship-therapy.html email applied.perspectives@gmail.com or 0447 115 928.